



Constraint-Induced Movement Therapy Group

Thanks for showing interest in our therapy groups! Kids Can Do, Inc. is excited to offer our first Constraint-Induced Movement Therapy (CIMT) Group. CIMT involves restraining the unaffected side while training the affected (weaker) side through functional activities and repetitive tasks. This group for the CIMT is geared towards children who have decreased use of one upper extremity as a result of cerebral palsy, stroke, or other diagnoses. CIMT group is designed to enhance functional arm use with the child's affected side.



This group will also provide children with the opportunities to socially interact with peers in a kid friendly yet therapeutic environment. Children will be able to participate in various activities such as games, arts and crafts, and eating.

This group will be led by two occupational therapists. To determine if your child is appropriate for this group, your child will need to be evaluated by an Occupational Therapist. A physician referral is required to participate in this group.

A removable mitt will be given to your child on their first day of group to wear for two hours each day for the duration of group. A home activity sheet will be provided each week to guide required home exercise time.

Enrollment is accepted on a first come, first serve basis. Please direct any questions to an Occupational Therapist at (708) 478-5400 or email Lauren Pammer MOT, OTR/L at lauren@kidscando.org. We look forward to your participation!

CIMT group will begin on June 14th and end August 12th. Group will meet twice weekly for 8 (50 minute) sessions on Mondays and Thursdays from 2:00pm to 2:50pm

Please return the bottom portion of this form to Kids Can Do by June 3, 2010.

Child's name _____ Date of Birth _____

Parent/Guardian _____ Phone _____

Please check services your child currently receives at KCD:

Occupational therapy Physical Therapy Speech-Language Therapy

Any special accommodations/needs the group instructors should be aware of?

If you are interested in CIMT group but cannot come at the scheduled time, please fill out the form and let us know your availability. We will try to accommodate as many children as possible.